



ADESH INSTITUTE OF MEDICAL SCIENCES & RESEARCH

A constituent college of



ADESH UNIVERSITY, BATHINDA



**Conference & Cadaveric Workshop on
Comprehensive Interventional Pain Management
CIPM-XII**

Organized by

Department of Anaesthesiology & Intensive care
Adesh Institute of Medical Sciences and Research (AIMSR) &
Indian Society of Anaesthesiologists, Bathinda Branch
Bathinda Punjab, 151001



In collaborations with
Pain Clinic of India Mumbai

**Conference: 23-24 March 2018
Workshop: 25 March 2018**



Punjab Medical Council has awarded 12 credit hours (4/Days)
Vide Letter No. PMC/CME/2017/5303 Dated 4/12/2017

Registration fees : Early Bird (till 31st December 2017)

Conference : Rs 1,500

Conference + Workshop : Rs 8,000

Special Discount for P.G Students

Conference : Rs 1,200

Conference+Workshop : Rs 6,000

P.G Students / Faculty of AIMSR

Conference : Rs 1,000

Conference+Workshop : Rs 5,000

Accompanying Person: Rs. 1,000

Visit: www.cipm.adeshuniversity.ac.in
www.painclinicofindia.com

- In depth coverage of the interventional pain management techniques:
Basic and Advanced
- Renowned international and national faculties
- One to one teaching

- In depth dedicated lectures on interventional techniques
- Practical tips
- One to one interaction with faculty
- Limited delegates
- Lot of time for hands on practice

Friday 23rd March 2018

Day – I (8:00AM to 4:30PM)

Venue: Auditorium

Time	Topic	Speaker
8:00AM TO 9:00AM	Breakfast & Registration	

Session – I (9:00AM TO 1:10PM)

9:00AM TO 9:20AM	Basics of Pain Pathways & Clinical Implications	Dr. Sham Sunder Goyal
9:20AM TO 9:40AM	Post operative Multimodal Analgesia	Dr. Sunil Katyal
9:40AM TO 10:00AM	Paediatric Regional Analgesia	Dr. Y.K. Batra
10:00AM TO 10:10AM	Qs & As	All Faculty



TEA BREAK (10:10 PM TO 10:20 AM)



10:20AM TO 11:00AM	Inauguration Ceremony	
11:00AM TO 12:00NOON	Panel Discussion: Acute Paediatric Pain	Moderator: Brig. Dr. Deepak Srivastava
		Panelists: Dr. Rajan Dagla
		Dr. Upinder Kaur , Dr. Shilpa Bansal
		Lt. Col. Dr. Shivendra Shobhit
12:00PM TO 12:20PM	Fall in Geriatric Patients	Dr. Nitin Bansal
12:20PM TO 12:40PM	Pain Management in Geriatric Patients	Dr. Narjeet Kaur
12:40PM TO 1:00PM	Role of Perioperative Regional Analgesia in Geriatric Patients	Dr. (Mrs.) Minnu Panditrao
1:00PM TO 1:10PM	Qs & As	All Moderators & Faculty



1:10PM TO 2:00PM LUNCH



SESSION II (2:00PM TO 4:00PM)

2:00PM TO 2:30PM	Pros & Cons: GARA: General Anaesthesia with Regional Analgesia	Moderator: Dr. Johnpal Sidhu Panelists: Dr. Ankush Singla, Dr. Ishan
2:30PM TO 3:00PM	Pros & Cons: Role of adjuvants in Regional Analgesia	Moderator: Dr. Y.K. Batra Panelists: Dr. Ishwar Bhukal, Dr. Chanchal Singh
3:00PM TO 3:50PM	Panel Discussion: Labour Pain Management	Moderator: Dr. Mridul M. Panditrao, Panelists: Dr. M.T. Zeya, Dr. S.L. Thukral Dr. Ranju Bala, Dr. Karamjit Kaur
3:50PM TO 4:00PM	Qs & As & Summarizing	All Moderators & Faculty



TEA & SNACKS (4:00 PM TO 4:30 PM)



Saturday 24th March 2018

Day – II (8:00AM TO 5:15PM)

Venue: Auditorium

Time	Topic	Speaker
8:00AM TO 9:00AM	Breakfast & Registration	

Session – I (Pharmacology of Chronic Pain)

9:00AM TO 9:20AM	Ketamine in Chronic Pain	Dr. Mridul M Panditrao
9:20AM TO 9:40AM	Understanding Mechanisms & Holistic Management of Chronic Neuropathic Pain	Dr. Ashok Kumar Saxena
9:40AM TO 10:00AM	Transdermal Pain Relief	Dr. Surinder Kumar Malhotra
10:00AM TO 10:20AM	Diagnostic Dilemma in oro-facial pain	Dr. Ruchi Gupta



10.20AM TO 10:30AM TEA BREAK

10:30AM TO 11:10AM	Pros & Cons Session: Role of Opioids in Chronic Cancer Pain	Moderator: Dr. Surinder Kumar Malhotra Panelists: Dr. Ashu Jain, Dr. Rajat Gupta
11:10AM TO 12:00NOON	Panel Discussion: Chronic Pelvic Pain	Moderator: Dr. Harkiran Kaur Panelists: Dr. Minni Bedi, Dr. Harsimran Dr. Navneh Samagh, Dr. Ishitadas
12:00PM TO 12:15PM	Interpretation of MRI/CT Scans from Chronic Pain Point of view	Dr. Abhay Kapoor
12:15PM TO 12:30PM	Gross & Fluoroscopic Anatomy of lumbar Spine	Dr. Kailash Kothari
12:30PM TO 12:45PM	Assessment of Patient with Back & Leg pain	Dr. Jitendra Jain
12:45PM TO 1:00PM	Transforaminal lumbar epidural injection–indications, technique and complications	Dr. Kailash Kothari



1:00PM TO 1:30PM LUNCH

Time	Topic	Speaker
1:30PM TO 1:50PM	Lumber facet joint pain: Brief anatomy, symptoms, technique of intra articular joint and medial branch injections	Dr. Jitendra Jain
1:50PM TO 2:10PM	Sacroiliac joint: Anatomy, symptoms and technique of injection	Dr. Manish Raj
2:10PM TO 2:30PM	Cancer Pain: Patho physiology and general management	Dr. RP Gahdoo
2:30PM TO 2:45PM	Coeliac Sympathetic Block and neurolysis	Dr. RP Gehdoo
2:45PM TO 3:00PM	Lumber sympathetic Block and neurolysis	Dr. Prakash Deshmukh
3:00PM TO 3:15PM	Superior Hypogastric nerve block	Dr. RP Gehdoo
3:15PM TO 3:30PM	Ganglion Impar Block	Dr. Ashu Jain
3:30PM TO 3:45PM	Stellate Ganglion Block	Dr. Rajat Gupta
3:45PM TO 4:00PM	Anatomy of Cervical spine including Fluoroscopic anatomy	Dr. Kailash Kothari



4:00PM TO 4:15PM TEA BREAK

4:15PM TO 4:30PM	Cervical Epidural Injection: Indications, Technique and Complications	Dr. Jitendra Jain
4:30PM TO 4:45PM	Cervical Facet Joint and Medial Branch Block, Symptoms, Technique	Dr. Rajat Gupta
4:45PM TO 5:15PM	Advance Techniques in Pain Management Over View of Endoscopic Discectomy	Dr. Manish Raj

Banquet Saturday (24rd March 2018)
Venue - Auditorium
Time 8:00pm to onwards



Sunday 25 March 2018

Day – III Cadaveric Workshop
Venue: Anatomy Dissection Hall
Session – I
9:00AM TO 1:00AM
(10 delegates in each group = Total 50)

Time	Topic	Speaker
9:00AM TO 9:40AM	Lumbar Transforminal Epidural Injection	Dr. Jitendra Jain
9:40AM TO 10:20AM	Lumber Facet Joint & Medial Branch Block	Dr. Prakash Deshmukh
10:20AM TO 11:00AM	Lumber Intradiscal Injection	Dr. Manish Raj
11:00AM TO 11:40AM	Cervical Epidural Inj.	Dr. Kailash Kothari
11:40AM TO 12:20PM	Cervical Facet Joint Inj.	Dr. Rajat Gupta



12:00PM TO 1:00PM LUNCH

1:00PM TO 1:40PM	Lumber Sympathetic Block	Dr. Pradeep Jain
1:40PM TO 2:20PM	Coeliac Plexus Block	Dr. R.P Singh Gahdoo
2:20PM TO 3:00PM	Stellate Ganglion Block	Dr. Pradeep Jain
3:30PM TO 3:40PM	Trigeminal Ganglion Block	Dr. Ashu Jain
3:40PM TO 4:20PM	Superior Hypogastric Block	Dr. Kailash Kothari
4:20PM TO 5:00PM	Ganglion Impar Block	Dr. Preet Kanwal Narula Dr. Rajat Bansal

Friday 23rd March 2018

DAY - I

POSTER PRESENTATIONS

Venue : FOYER: MEDICAL COLLEGE BUILDING

Time : 9:00AM to Onwards

Judgement : During the Lunch Break
(1:00PM to 2:00PM)

PLATFORM PRESENTATIONS

Venue : Anatomy Lecture Hall

Time : 2:00PM to Onwards

Saturday 24th March 2018

DAY - II

POSTER PRESENTATIONS

Venue : FOYER: MEDICAL COLLEGE BUILDING

Time : 9:00AM to Onwards

Judgement : During the Lunch Break
(1:00PM to 2:00PM)

PLATFORM PRESENTATIONS

Venue : Anatomy Lecture Hall

Time : 2:00PM to Onwards

Prizes for the Best Paper in each Category

All the Scientific Material to be published in the university Journal.

Conference Secretariat

Prof. Mridul Panditrao (Organizing Secretary)

Professor & Head, Dean Academic Affairs
Department of Anaesthesiology & Intensive care
Adesh Institute of Medical Sciences and Research (AIMSR)
Adesh University, Bathinda 151001 (Pb.)
Email: drmmprao1@gmail.com
Phone: +91 8699921884

Dr. Ankush Singla (Asst. Professor)

Department of Anaesthesiology & Intensive care
Adesh Institute of Medical Sciences and Research (AIMSR)
Adesh University, Bathinda 151001 (Pb.)
Email: ankush.singla54@gmail.com
Phone: +91 9814367676



ADESH UNIVERSITY

NH-7, BARNALA ROAD, BATHINDA-151101(Punjab)

0164-5055208 | 5055204 | 5055210

+91-98764-55562 | +91-98760-00599

www.adeshuniversity.ac.in

registrar@adeshuniversity.ac.in





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REGISTRATION FORM

Full Name _____

Date of Birth _____ Age _____ Gender ☐ Male ☐ Female Nationality _____

Institution _____ Designation _____

Address _____

City _____ PIN _____ State _____ Country _____

Email _____ Cell _____

State Medical Council Number _____

Registration Category ☐ Delegate ☐ Post Graduate ☐ Accompanying Person(s)

Food Preference ☐ Veg ☐ Non Veg ☐ Jain

DETAILS OF BANK FOR FTT TRANSFER/NEFT/RTGS/DD

Bank: **STATE BANK OF INDIA**

IFSC: **SBIN0015977**

Swift Code: **SBININBB767**

Name of A/c: Anaesthesiology Conference Fund Account No: **37286999352**

Branch: Adesh Hospital, Bhuchro Khurd, Address: NH-7 Barnala Road, Bathinda

FEES

Conference Only :	Accompanying Person(s) :
Conference + Workshop :	Total :

Accompanying Person(s) Details

Name	Age
1. _____	_____
2. _____	_____
3. _____	_____

Note: • Conference registration is mandatory for delegates registering for workshop. • DD/Multicity Cheque to be drawn in favour of Anaesthesiology Conference Fund payable at Bhuchro Khurd. • It is mandatory for Postgraduate students to attach a bonafide letter attested by HOD of their respective institutes.

Conference Secretariat

Prof. Mridul Panditrao (Organizing Secretary)

Professor & Head, Dean Academic Affairs

Department of Anaesthesiology & Intensive care, (AIMSR)

Adesh University, Bathinda 151001 (Pb.), Phone: +91 8699921884, Email: drmmprao1@gmail.com



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ACCOMMODATION FORM

Full Name _____ Conference Regn ID _____

Address _____ State _____

Country _____ Phone _____ Email _____

Sr. No.	Category	Tariff (INR)
1	Twin Sharing	2000-2200
2	Couple	1800-2000
3	Single	1500
4	PG/Hostel	500

Note:

- Pick-up & drop facility from these places to the venue will be provided by shuttle services.
- Above rates are exclusive of GST.
- PG accommodation will be available within the campus

BOOKING DETAILS

Category

Check In Date

Check Out Date

Room Type

No. or Person

No. of Night(s)

Total Charges

Cancellation & Refund Policy:

- All cancellation request must be sent in writing/email to the conference secretariat
- 50% retention charges will be applicable till 1 Jan. 2018.
- 100% retention charges will be applicable till 1st Feb. 2018.

PAYMENT DETAILS

All cheque/DD must be in favour of **"Anaesthesiology Conference Fund"**

(Accommodation)

Cheque/DD:

Cheque/DD No. _____

Bank _____

Branch _____

Online Transfer:

Transaction ID _____

Bank _____

A/C No. _____

Bank Details for Online Transfer:

Bank: **STATE BANK OF INDIA**

IFSC: **SBIN0015977**

Swift Code: **SBININBB767**

Name of A/c: Anaesthesiology Conference Fund

Account No: **37286999352**

Branch: Adesh Hospital, Bhuchro Khurd,

Address: NH-7 Barnala Road, Bathinda

Signature of Delegate:

Conference Secretariat

Prof. Mridul Panditrao (Organizing Secretary)

Professor & Head, Dean Academic Affairs

Department of Anaesthesiology & Intensive Care, (AIMSR)

Adesh University, Bathinda 151001 (Pb.), Phone: +91 8699921884,

Email: drmmprao1@gmail.com

For Further Information

Dr. Mohammad Tauquir Zeya (Associate Professor)

Department of Anaesthesiology & Intensive Care, (AIMSR)

Adesh University, Bathinda 151001 (Pb.), Phone: +91 9876153786

Email: drzeyaz786@gmail.com